



**REIKI BREATHWORK
AND DRUM MEDITATION**
Date & Time

Monday 4th December

Monday 18th December

8pm - 9pm

Venue

Brookmans Park

United Reformed Church Hall

(Near Potters Bar)

AL9 7UW

Booking essential to reserve your space

contact Mimi on 07972275563 | @LAMwellbeing

Suggested cash donation £15/pp or £10/pp for groups of 2+

